## Gymnastics Party Rules and Regulations

While Gymnastics Zone wants everyone to have fun and enjoy their party, our number one priority is to ensure the safety of all individuals who enter our Gymnastic facility. The following guidelines and rules were developed with that goal in mind. Please review the following guidelines and rules with all parents / carers attending and comply with the guidelines and rules so that, with your cooperation, Gymnastics Zone may continue to offer a safe environment where children can tumble, play and learn the sport of gymnastics. Thank you in advance for your cooperation.

1. Parties are for 90 minutes in duration, **one** hour in the gymnasium and **half** an hour in the eating area (unless otherwise agreed).
2. Parties are for all age groups – with maximum numbers of 18 children allowed.
3. The number of party participants must be provided at time of booking to ensure adequate staffing is provided. This information should be re-confirmed the day prior to the party being held and may be texted through to Nicola on 07973 782873.
4. The parents/carers of the birthday child, may arrive 15 minutes early for party room set-up.
5. All outside footwear must be removed by children and adults before they will be allowed on the gymnasium. Food and drinks may not be taken into the gymnasium.
6. Children’s coats, shoes, socks, etc. should be stored in the 2 changing areas provided, leaving passageways clear of obstacles at all times.
7. Parents/carers are not permitted to go on any equipment.
8. A member of our coaching team will be present in the gym at all times, however, you will be responsible for supervising the party and you must have at least 2 adults present in the gymnasium to assist with toilet visits if necessary.
9. Children under 5 years must be supervised at all times by a parent/carer.
10. For safety reasons, only one child is allowed each piece of apparatus at a time.
11. Safety matting must not be moved from underneath equipment.
12. Children must not attempt somersaults.
13. Please bring your own food and soft drinks for the party attendees and use the eating area provided for you. This area should be left tidy. Our staff will assist you with the clear down operation and will hoover up after the party has ended.
14. All food/beverages left behind in the refrigerator after party is over and any items left after the party will be disposed of.
15. The parents/carers of the birthday child should provide napkins, cutlery (if needed), cordial/juice, candles, matches, knife, etc.
16. In an effort to prevent late pick-ups, and to allow follow on parties to run to time, it is recommended that parents picking children up, be advised to arrive 5 minutes before the end of the do so prior to the end of the 30 minute party room session.
17. The full booking fee is **£100**. A minimum deposit of £50 is required at the time of booking, with the balance paid at the end of the party.
18. You are reminded that the whole building is a **NO Smoking Zone** and **alcohol is not allowed on the premises**.

I, ……………………………………………… understand that Gymnastics Zone Ltd will not be held responsible for any personal loss and / or injury during the use of the Gymnasium and its equipment unless caused by negligence or breach of statutory authority.

Signed (User): ……………………………………………………………….. Date: ………………….

Signed (Rep): …………………………………………..……………............ Date: ………………….

Date of Party: …………………………………………….. Time of Party: ……..…..… - …….……..

Contact Address: ………………………………………………………………………………………....

………………………………………………………………….. Tel. No: ……………………………….

Email address: ……………………………………………………………………………………………..